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025 → TU

Yoga Nidra

PENDING TU, 17.03.2026

 Tuesday 18:30 o'clock**Duration:** 1 hour 15 minutes [view on map](#)

Find calm and inner balance during a guided Yoga Nidra session.



Arrival Information

Country bus L580, stop "Brand Church". The exact connections can be searched at www.vmobil.at. With the Brandnertal, Bludenz, Klostertal guest card and the Premium guest card, traveling by public transport is free.

Hint / Advice

up to 8 people | **Duration:** 75 minutes

Equipment

Comfortable clothing, yoga mat, possibly a seat cushion, a blanket, and water to drink | Mat rental available on-site

Price

€ 15.00 with guest card and € 20.00 without guest card (cash payment only)

Registration

directly with Stefanie, T +43 664 54 46 072 or yoganic.lifestyle@gmail.com

Meeting point

at 18:30 at the first floor of the Old School (Gufer 36a, 6708 Brand)

Guest Cards



Brandnertal, Bludenz, Klostertal Guest Card

With the Brandnertal, Bludenz, Klostertal guest card, you receive a discount of € 5.00.





Venue

Altes Schulhaus Brand

6707 Bürserberg

+43 664 54 46 072

yoganic.lifestyle@gmail.com



Organizer

Frau Stefanie Moser

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